



# CERTIFICATE IN TRANSPERSONAL PSYCHOLOGY & HOLOTROPIC BREATHWORK

**THIS IS TO CERTIFY THAT**

GIRTS PIRUSKINS

has successfully completed the 3-year Grof Transpersonal Training® program and is hereby recognized as a certified Facilitator for Holotropic states of consciousness and the therapeutic method of Holotropic Breathwork in accordance with the Holotropic Breathwork principles, as developed by Dr. Stanislov Grof and Christina Grof.

**Assisi, Italy, 5 September, 2025**

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**GROF TRANSPERSONAL TRAINING® CERTIFICATION COMMITTEE**

Sitara Blasco / Sonja Busch / Jean Farrell / Peter Köllner /  
Thomas Liska / Nora McDonnell / Juanjo Segura

